



October 2026

Alzheimers Coachella Valley & ACV Screening Center

75105 Merle Dr., Suite 800, Palm Desert, CA 92211

(760) 776-3100



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Events subject to change. You must sign up in advance for all groups! Please call or email Naomy Alvarado Naomy@cvalzheimers.org or 760.776.3100				1 10 Club Journey 10:00 Zoom Support 11 Atria Hacienda Support Group 2 Meditation	2 10 Grief Support 1:30 Tunes for the Memory 2:30 The Palms LQ	3
4	5	6 10 Club Journey 2 Bella Villaggio SG 2:30 Parkinsons Support Group	7 9:30 Zoom Support 10 Club Journey 6:30 Zoom Support	8 10 Club Journey 10:00 Zoom Support 10 Atria Rancho Mirage 1 Early Memory Loss Support Group	9 1:30 Tunes for the Memory 2:30 The Palms LQ	10
11	12 10 Art at Old Town Artisan Studios 10:30 Brookdale Support Group	13 10 Club Journey 2:30 Parkinsons Support Group	14 9:30 Zoom Support 10 Club Journey 1 Online Book Club 3 Happy Hour 6:30 Zoom Support	15 10 Club Journey 10:00 Zoom Support 11 Atria Hacienda Support Group	16 10 Grief Support 1:30 Tunes for the Memory 2:30 The Palms LQ	17
18	19 1 Sound Bath	20 10 Club Journey 2:30 Parkinsons Support Group	21 9:30 Zoom Support 10 Club Journey 6:30 Zoom Support	22 10 Club Journey 10:00 Zoom Support 10 Atria Rancho Mirage 1 Early Memory Loss Support Group 5:30 Caregiver Class	23 1:30 Tunes for the Memory 2:30 The Palms LQ	24 Key: Support Group for Caregivers Couples Social Activity Education for Caregivers
25	26 10 Art at Old Town Artisan Studios 10:30 Brookdale Support Group 2 Parkinson's SG At Ernest Health	27 10 Club Journey 12 FIND Food Pick Up 2:30 Parkinsons Support Group	28 9:30 Zoom Support NO Club Journey 1 Online Book Club 6:30 Zoom Support 5:30 OPEN HOUSE	29 NO Club Journey 10 Zoom Support 3 HALLOWEEN PARTY!	30 1:30 Tunes for the Memory 2:30 The Palms LQ	31



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Call to Register (760) 776-3100 or email Naomy@cvalzheimers.org



Special Events:

Thursday, October 1 @ 10:00 am: SoCal Adaptive Sports returns to Club Journey with seated sports fun for all!

Thursday, October 1 @ 2:00 pm: Guided Mindfulness Meditation with Roger Moore

Friday, October 2 @ 1:30 pm: Peg Gohl sings at Tunes for the Memory!

Wednesday, October 7 @ 10am: Pedro Cortes plays the guitar and sings for Club Journey

Thursday, October 8 @ 10am: Table Top Tap Dance at Club Journey with Victoria Moore!

Friday, October 9 @ 1:30 pm: Phillip Pollerana sings and plays the Bongo at Tunes for the Memories

Monday, October 12 & 26 @ 10am: **Art at Old Town Artisan** Studios is back for another season!

Wednesday, October 14 @ 10am: Mike McLean joins Club Journey to play the piano and sing!

Wednesday, October 14 & 28 @ 1pm: Caregivers can join our Online Book Club! Call 760-776-3100 for more information.

Wednesday, October 14 @ 3pm: Dementia Friendly Café **at PF Chang's**, The River in Rancho Mirage

Thursday, October 15 @ 10am: It's Karaoke with Sean & Marcos at Club Journey!

Friday, October 16 @ 1:30 pm: Katherine Campbell, the 'Ukulele Lady' plays at Tunes for the Memory

Monday, October 19 @ 1pm Sound Bath with Lisa Botts—Open to caregivers and their loved one! -

Wednesday, October 21 @ 10am: Club Journey includes an Art Activity with Julia!

Thursday, October 22 @ 5:30 pm: Caregiver Education Class—*Agitation & Anxiety in a Dementia Patient*

Friday, October 23 @ 1:30 pm: Guitarist and Storyteller, Ken Green, performs at Tunes for the Memory

Tuesday, October 27 @ 12pm: FIND Food Bank Pick-up

Wednesday, October 28 @ 5:30 pm: ACV's Annual OPEN HOUSE! FREE EVENT! Call to RSVP.

Thursday, October 29 @ 3:00 pm: Halloween Party & Trick or Treating with Sacred Heart School Students at ACV's Club Journey Room!

Friday, October 30 @ 1:30 pm: Dede Ondishko plays and sings at Tunes for the Memory!