



75105 Merle Drive, Suite 800
Palm Desert, CA 92211

760-776-3100

info@cvalzheimers.org

Office Hours:
Mon to Fri
9:00 AM to 4:00 PM

Volume 9 | Issue 6 | June 2026

SUPPORT GROUP CALENDAR

Caregivers of Loved Ones with Dementia at Brookdale Mirage Inn

IN-PERSON

Mondays * Jun 8 & 22 * 10:30 AM

Caregivers of Loved Ones with Dementia at Bella Villaggio

IN-PERSON

Tuesday * Jun 2 * 2:00 PM

Persons with Parkinson's and their Care Partners

IN-PERSON

Every Tuesday * 2:30 PM

Caregivers of Loved Ones with Dementia via Zoom

ONLINE VIA ZOOM

Every Wednesday * 9:30 AM & 6:30 PM
Every Thursday * 10:00 AM

Caregivers of Loved Ones with Dementia at Atria Rancho Mirage

IN-PERSON

Thursday * Jun 11 * 10:00 AM

LAST MEETING FOR THE SUMMER

Caregivers of Loved Ones with Dementia at Atria Hacienda

IN-PERSON

Thursdays * Jun 4 & 18 * 11:00 AM

Persons with Early Stage Memory Loss

IN-PERSON

Thursday * Jun 11 & 25 * 1:00 PM

MUST Pre-Register with Sasha

760-776-3100

Loss & Grief Support Group

IN-PERSON

Fridays * Jun 5 & 19 * 10:00 AM

Caregivers of Loved Ones with Dementia at The Palms at La Quinta

IN-PERSON

Every Friday * 2:30 PM

ACV Screening Center

IN-PERSON

By Appointment, call 760-776-3100 or email
sasha@cvalzheimers.org

MEMORY & SOCIALIZATION ACTIVITIES

Art Class at Old Town Art Studios in La Quinta

IN-PERSON

Mondays * Jun 8 & 22 * 10:00 AM to 12:00 PM

SongShine for Parkinson's

ONLINE VIA ZOOM

Every Tuesday * 10:00 AM & 11:30 AM

Happy Hour at P.F. Chang's

Sound Bath Meditation

IN-PERSON
Monday * Jun 22 * 1:00 to 2:00 PM

Music Mends Minds

ONLINE VIA ZOOM
Every Mon, Wed & Fri * 11:30 AM

Club Journey

IN-PERSON
Every Tue, Wed & Thu * 10:00 to Noon

IN-PERSON

Wednesday * Jun 10 * 3:00 to 5:00 PM

Tunes for the Memories

IN-PERSON
Every Friday * 1:30 PM

CAREGIVER EDUCATION

How to Deal with Angry Behavior

IN-PERSON
Friday* Jun 19 * 10:00 am to 11:00 am

Wandering & Elopement

IN-PERSON
Thursday * Jun 25 * 5:30 to 6:30 PM

Online Book Club: Chicken Soup for the Soul: Living with Alzheimer's & Other Dementias

ONLINE VIA ZOOM
Wednesday * Jun 24 * 1:00 PM

HEALTH FAIRS/FERIAS DE SALUD

LA QUINTA WELLNESS CENTER

IN-PERSON INFORMATION
78450 Avenida La Fonda, La Quinta, CA 92253
Tuesday* June 9 * 10:00 AM

PRESENTACION DE INFORMACION

IN-PERSON INFORMATION/INFORMACION
Coachella Valley Volunteers in Medicine
82915 Ave 48, Indio
Wednesday/Miercoles*24 June/Junio*2:00 PM





EVENT

FREE

ACV announces its 2026 Summer Speaker Series

Fridays

10:00 am to 11:00 am

- May 22** **Scam & Fraud Prevention** with Elizabeth Martinez from Riverside County's CARE Program
- June 19** **How to Deal with Angry Behavior** with Edwina Dirk, RN, BSN (caregivers and care partners only, please)
- July 17** **Functional Health & Nutrition** with Dr. Maritza De La Pena
- Aug 21** **How to Find Help** ACV and other resources for families dealing with Alzheimer's, Parkinson's, and other cognitive-related illnesses.
- Sept 18** **Advanced Directives and other legal planning documents you need to know about** with Eve Fromberg, Attorney at Law

Call Naomi at (760) 776-3100 to register
or email naomy@cvalzheimers.org



Informative seminars
for individuals
and/or couples
traveling the journey
of life together.

All classes are FREE
and open to the public!

**Space is limited.
Call today!**



(760) 776-3100 | cvalzheimers.org
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Please Note: June 19 class is only for caregivers and carepartners



EVENT

GRIEF & Bereavement SUPPORT

FREE



Have you lost a loved one, or are coping with the loss which living with dementia has brought about?

ACV's Loss & Grief Support Group is here for you.



**Led by Glen Geikie, Sr.,
Certified Grief Educator.**

*Coping with dementia's invisible losses,
anticipating future loss, and facing the inevitable.*

Now available
online
and in person
1st and 3rd
Friday of each
month
at 10:00 am

**To register,
email naomy@cvalzheimers.org
or call 760-776-3100.**



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SCAN HERE



Celebrate the 4th in Style with Friends!



Daisy Blue in Indian Wells is kicking off the Summer with ACV!

Join us for a live in-store event on Wednesday, July 1st,
3:00 to 5:00 pm to find your own fabulous look.

Enjoy Lite Bites and Red, White, & Blue Cocktails to be served.

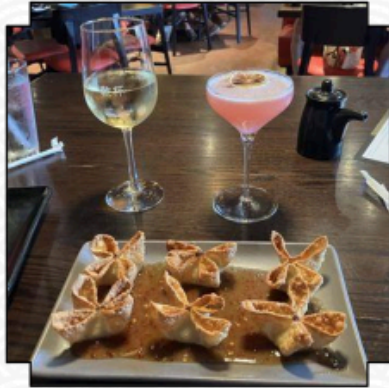
A percentage of the proceeds from all sales in-store
will go to support **Alzheimers Coachella Valley's**
programs for families living with Alzheimer's, Parkinson's,
and other cognitive related diseases.

Daisy Blue

74291 Highway 111, Indian Wells, CA 92210
442.666.3068

P.F. CHANG'S

*A place for you and
your loved one to relax!*



**Every 2nd
Wednesday of the
Month
3:00 PM to 5:00 PM**

A fun private space for you and your loved one to
enjoy great food, drinks (alcoholic and non alcoholic),
and friends!

The River Rancho Mirage
71800 Highway 111

Wheelchair Assistance Available from Parking Lot off
Highway 111!
Call 760-776-4912 upon arrival for assistance.



Happy Hour

ACV's Online Book Club Starts in June!

Wednesday, June 24

1:00 pm

Jenny Johnson leads our online book club where you will thoughtfully discover or re-discover ***Chicken Soup for the Soul: Living with Alzheimer's & Other Dementias.***

No one should face Alzheimer's or dementia alone. These 101 stories will provide support, advice, and comfort for caregivers and those living with Alzheimer's.

Each Book Club Meeting will introduce a different topic for discussion. It is **not necessary to have read the book** to join, but please **let us know if you need help** obtaining a copy of the selected book.

Meetings begin online via Zoom,
Wednesday, June 24 at 1:00 pm.

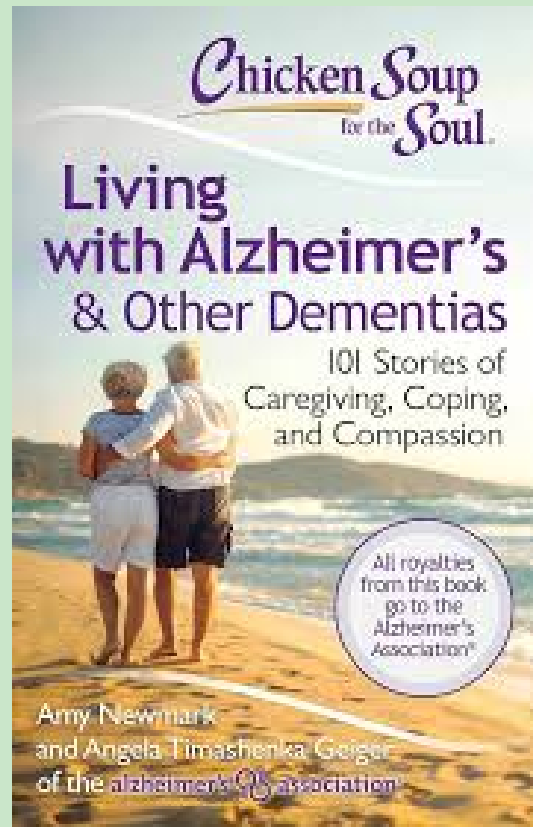


Members who register will receive a Zoom link in advance.

Book is available on Amazon, please click on link below book picture.

Limited copies will be available to borrow from ACV.

To **register** and/or **request of copy** of the book, please call Naomi at (760) 776-3100 or email naomy@cvalzheimers.org



[Click here to Purchase Book](#)



FREE EVENT

Art Class @ Old Town Artisan Studios



Old Town Artisan Studios believes art is healing and has an everlasting positive impact on each of us and the world around us. ACV is thrilled to partner with OTAS to bring you a twice monthly class at the OTAS campus in La Quinta! Open to those with a neuro-cognitive disease accompanied by their care partner.

DATE: 2nd & 4th Monday of the Month
10:00 AM to 12:00 PM

LOCATION: Old Town Artisan Studios
78046 Cll Barcelona, La Quinta, CA 92253

REGISTER: naomy@cvalzheimers.org
Or (760) 776-3100



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75105 Merle St., Suite 800, Palm Desert, CA 92211



Sound Bath Meditation for Couples

Monday, June 22

1:00 pm to 2:00 pm

Power down your busy mind and relax your central nervous system. A soundbath is a restorative experience where participants are surrounded by various soothing sounds, often produced by crystal singing bowls, gongs, chimes, or other instruments.

These vibrations promote relaxation and reduce stress.

Join **Lisa Botts** for a special sound bath for caregivers and their loved ones here at our ACV facility on **June 22, 1:00 to 2:00 pm.**

Free event. Advance registration required. Please call Naomi at 760.776.3100 or email naomy@cvalzheimers.org.

We meet at the ACV Facility, 75105 Merle Dr., Suite 800, Palm Desert.



**Club Journey has fun
for you all summer
long!**

**Every Tuesday, Wednesday &
Thursday
10:00 AM to Noon**

Brought to you by **Desert Oasis Health Care**, our popular social program is available on Tuesdays, Wednesdays, and Thursdays, from 10:00 am to Noon.

Thank you to **Assisted Living Locators** and **A&A Home Health Services** for joining us on May 7th to sponsor our Club Journey Lunch, to **Blooming Events Florist** for the beautiful Mother's Day flowers, and to the **Palm Springs Cruisin' Association** for putting on our own little car show! We even had a visit from **Palm Desert Mayor, Evan Trubee!**

Join us for more fun in **June** as we welcome a capella group, **Three of Us Together**, pianist **Michael McLean**, and more!



YOU MUST SIGN UP IN ADVANCE!

Call or email Naomi at (781) 776-3100 or naomy@cvalzheimers.org.

We meet at the ACV Facility, 75105 Merle Dr., Suite 800, Palm Desert.





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EVENT

FREE

Looking for SUPPORT?

ACV Offers many different support groups for families struggling with dementia

MON

Caregivers of Loved Ones with Dementia at Brookdale Mirage Inn
2nd & 4th Mondays of Each Month at 10:30 am

TUE

Caregivers of Loved Ones with Dementia at Bella Villaggio
1st Tuesday of each month at 2:00 pm

Persons with Parkinson's and their Care Partners
Tuesdays at 2:30 pm

WED

Caregivers of Loved Ones with Dementia Online via Zoom
Wednesdays at 9:30 am

Caregivers of Loved Ones with Dementia Online via Zoom
Wednesdays at 6:30 pm

THU

Caregivers of Loved Ones with Dementia Online via Zoom
Thursdays at 10:00 am

Caregivers of Loved Ones with Dementia at Atria Rancho Mirage
2nd & 4th Thursday of Each Month at 10:00 am

Caregivers of Loved Ones with Dementia at Atria Hacienda
1st and 3rd Thursdays of Each Month at 11:00 am

Persons Diagnosed with Early Stage Memory Loss at ACV Offices
2nd and 4th Thursday of Each Month at 1:00 pm
Interview required, contact Sasha at 760-776-3100

FRI

Grief & Loss Support Group
1st & 3rd Friday of Each Month at 10:00 am

Caregivers of Loved Ones with Dementia at The Palms at La Quinta
Every Friday at 2:30 pm

Call to register. All groups open to the public!



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PLEASE NOTE THAT ATRIA RANCHO MIRAGE SUPPORT GROUP WILL BE ON HIATUS AFTER JUNE 11! WE WILL LET YOU KNOW WHEN THE GROUP RESUMES.



EVENT

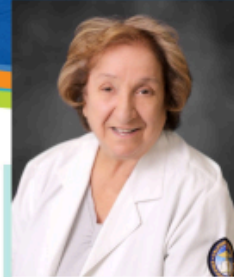
CEUs for Caregivers

FREE

Dementia Education Class



Wandering & Elopement



With Edwina Dirk, RN, BSN, of California Nurses Educational Institute.

Professional and family caregivers learn the best practices to care for patients with cognitive impairment.

Professionals earn California state-approved Continuing Education Units (CEUs). A different topic is covered each month.



DATE: Thursday, June 25, 2026
5:30 to 6:30 PM



LOCATION: 75105 Merle St., Suite 800
Palm Desert, CA 92211



REGISTER: naomy@cvalzheimers.org
or (760) 776-3100



(760) 776-3100 | cvalzheimers.org



Join ACV's Weekly Sing-a-Long for persons with memory loss and their care partner!

TUNES FOR THE MEMORY



Peggy
GOHL

1ST FRIDAY
1:30 PM



Phillip
POLLERANA

2ND FRIDAY
1:30 PM



Katherine
CAMPBELL

3RD FRIDAY
1:30 PM



Ken
GREEN

4TH FRIDAY
1:30 PM

75105 MERLE DR., SUITE 800, PALM DESERT 92211
CALL (760) 776-3100 OR Email Naomy@cvalzheimers.org



Wine Down Wednesday

Wednesdays from 5-7 all summer long!

Enjoy wine tasting and apps, only \$20! Every week,
100% of the money goes to a different local charity!

Please join us **August 26th** at

Willie's Modern Fare

to mix and mingle for the following cause:



SOUTH COAST WINERY
RESORT & SPA



CARPETEMPIRE PLUS
FLOORING DESIGN CENTER



Call our ACV Screening Center today to get a free and private assessment.

Results will be reviewed with you and your family to ensure that you have the resources you need going forward.

Please call us at 760.776-1300 to make your appointment.

We meet at the ACV Facility, 75105 Merle Dr., Suite 800, Palm Desert.



Jewish Family Services offers FREE Counseling to ACV Members!

Jewish Family Services (JFS) is able to provide **mental health counseling to ACV members and clients**, whether you need individual or family support!

Counseling services with JFS can help mitigate the feelings and symptoms brought on by mental health concerns.

If you are interested in counseling services, please contact Sasha at the ACV offices (760) 776-3100 or sasha@cvalzheimers.org.

This program is made possible through private grants and will continue for as long as these funds are available.



ACV en Espanol!



Alzheimers Coachella Valley (ACV) ofrece grupos de socialización bilingües como Grupo del Trayecto (Club Journey), Canciones para la memoria (Tunes for the Memory), y Arte creativo (Creative Art). Consulta nuestros grupos y llama para reservar tu lugar. Todos los grupos son gratuitos. Esperamos verte pronto. Llame (760) 776-3100 para mas informacion.

Music Mends Minds

Every Monday, Wednesday, Friday

11:30 AM

Online via Zoom

Want more music?

Join Music Mends Minds by clicking on the link below to sing along from the comfort of your own home!



Click to Join Music Mends
Minds!



**Two Sessions every Tuesday at 10:00 am or 11:30 am
Online via Zoom**

Persons with Parkinson's, stroke, myasthenia gravis, other neurological disorders, or aging voices can now join **SongShine** every Tuesday at 10:00 am (session 1) or 11:30 am (session 2)!

Contact amanda@songshineforparkinsons.org for more information and to get song sheets.

Click on the link below to join.

Click Here to Join



Plan Ahead to Support ACV Later!

Have you considered including ACV in your estate plan, IRA disbursement, or looking for a way to make a lasting impact? There are so many ways you can make plans to help us continue our mission for many years to come.

ACV works with professionals in Planned Giving that will be happy to speak with you or your financial advisor.

For more information, contact Paula Simonds at paula@cvalzheimers.org or call (760) 776-3100.

CLICK TO DONATE!

Visit our ACV Website



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